

Ringstead

How to get there: - Grid Reference 751814; On the way to Weymouth, just after Poxwell, take the sharp left turning for Upton. Follow the road to the end (South Down) where you can park on the left.

Information: Toilets are available at Ringstead

Walk details:-

Follow the direction you took entering the car park and proceed through the gate in the left corner.

After about ¼ mile, turn right down the path, signposted Ringstead, and follow this down through 2 fields to a stile in the far hedge.

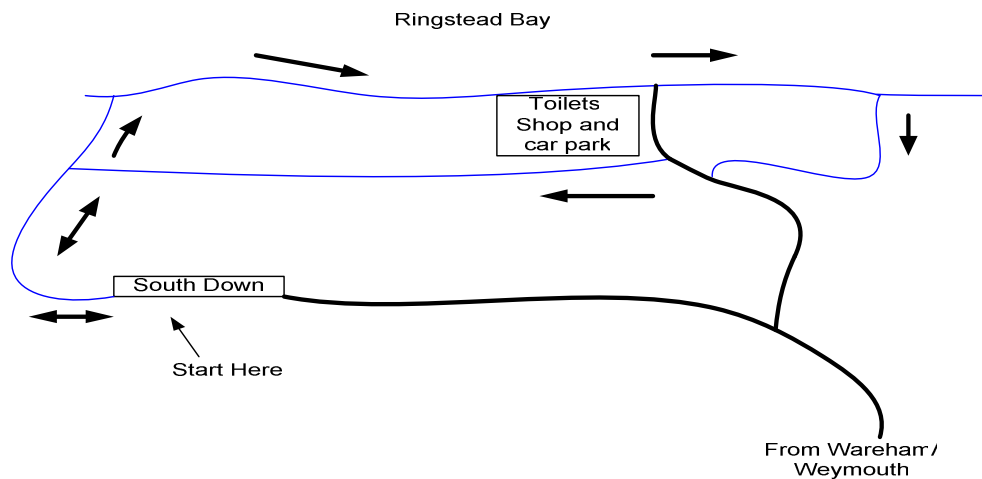
Turn right here and head towards Ringstead (½ mile). The toilets are on your right and also a store/café which sells a multitude of things to suit your needs. Ringstead Bay is on your left.

Continue along the coast path for ½ mile and take the path off to your right signposted Spring Bottom (the earlier right turn for Upton sign can be followed if required).

Follow the path along the wood's edge for ¼ mile then turn right again, through the woods and out of the other side until you meet the road (500 metres).

Follow the road to the right for ¼ mile. Go over the stile to your left and follow the path for ½ mile across the fields until you meet the path you used to descend from the car park.

Turn left here and return back to the car park.



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